## Bears By Your Side Instructions

Stich turtorials can be found on our website—www.bearsbyyourside.com



Kit Contents

1) Start by finding the right side of the Bears. The right side will be darker in color. The wrong sides will be on the inside of the Bears.



- 2) Next cut a heart shape out of the small piece of fleece fabric and place it on the front side of the Bear.
- 3)Then decide what color of embroidery floss you would like to use to stitch the heart, eyes, nose and mouth (they will all be the same color).

Separate your embroidery floss into 3 strands each. Cut a length of one section about 6-8 inches long. Thread it through your needle and knot at one end.



4) Take one length of the 3 strand floss and sew the heart onto the front side of the bear.



5) Make a knot in the thread on the backside when you have finished sewing the heart. Cut the thread after knotting.



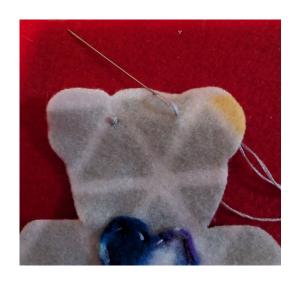
6) Next, you will tie a knot on the end of another length of the floss. You will now be sewing in the eyes in a French Knot.

Looking at the Bear, you will see a cut at each ear. We are going to make the first eye. Come up with your needle from the back of the fleece about half an inch below the cut for the ear.

Wrap your floss 7 times around your needle. Holding the wrapped floss tightly with your opposite thumb, go back down through the fabric next to where you came up with your needle.



7) You will now make a second eye. Again, find the cut for the ear and go about half an inch down from there. Bring your needle up, wrap the floss again 7 times around the needle, hold it tightly with your opposite thumb while pushing the needle close to where you came up. Holding it tightly as you push it through gives better better results.



8) Next, find the left of center between the eyes. That will be the start of the nose.

You will sew floss from left to right, diminishing in length as you go.





9) Next, bring the needle up at the base of the nose, in the middle, and go straight down back through the fabric about 1/4 inch.

Then come up on either side and go back down, go back down at the bottom of the straight stitch you made below the nose. Repeat on the other side completing the smile. Tie a knot on the backside and cut.







10) Now place the front and back of the bear together. Thread your needle with thread that is exactly or close to the same color as your bear. Starting at the top of the right bottom paw, do a whip stitch all the way around the bear ending at the bottom of the right top paw. Tie off your thread by running your needle underneath the previous stitches. This leaves a small opening to insert the stuffing. When doing the whip stitch around the bear, sew close stitches as these bears are going to children and you don't want the stuffing to come out.







11) Now start stuffing the bear, starting with the ears, then head, arms next, then half of the body, feet and finish stuffing the body. Close up the opening with the same color thread you used on the rest of the bear.



12) As with the face, use three strands of the embroidery floss to sew the bear "paws" on each leg. Start from the back, come up through the bear paw and then loop over the edge of the paw coming up again a short distance from the first loop. Make three loops as shown. Finish by going back down through the fabric to the back and make a knot. Do this for each of the four paws.



13) Final Step! Thread your needle with 6 strands of embroidery floss about 8 inches long and run it through the back of the head. Do not knot as it will be used to attach a business card.



